



IMC 2019



VIKERSUND

**INVITATION FOR THE 29. IMC 2019 VETERANS
WC SKI JUMPING & NORDIC COMBINED**

January 24 th – January 27th 2019

In Vikersund Ski Jumping Center



Welcome to Vikersund



Vikersund is located 90 kilometers from Oslo in the Modum municipality. The municipality has many cultural and sports facilities.

Vikersund Jumping center consist of 7 hills: K-10, K-15, K-25, K-45, K-65, K-105 and K-200.

There are activities in the hills both summer and winter. And every year Vikersund is a part of Raw Air.

Read more at: www.vikersund.no /Facebook: <https://www.facebook.com/vikersund/>



IMC 2019 competition guide lines

The International Masters Championships 2019 in Vikersund for ski jumping and Nordic Combined will follow the official IMC rules and the following competition guidelines confirmed by the IMC, each competitor is required to have a license from home country.

Official organizer of this event is the

Organizing committee – International Masters Competition 2019

Flying Team Vikersund AS – skiflyvning@vikersund.no

Please be aware, that any content might be subject to change through the organizer, the IMC officials or through arrangements in the team captains meeting.

Ski Jumping

- Every competitor (male, female) can participate two (2) personal competitions organized in two different size hills.
- Following hills are available in the Vikersund Jumping Center:
 - HS 45, HS 65, HS 105, from these you can choose 1-2 hills with a K-point next to each other
- Participants compete in five year groups starting at 30-34
- Age prior to 1.1.2019 determinates the age group.
- If a group has less than three (3) competitors, they will compete in next younger age class. This applies to all groups.
- This year we will also have a junior veteran (rookie competition) for age 20-29. For men on K65 and K105, for women on any hill.
- The host has the right to limit the size of the rookie group.
- The event will start in the following order, oldest to youngest classes.
- Rules for the distribution of Points: three (3) judges with style points. National teams can also register their own judges. A license issued in their own country is required for the participation. Registered judges will be drawn for each competition. If there are no judges registered until 1th of December, they will be provided by the organizer.

Nordic combined

- Nordic combined will be organized following the Gundersen method and free style.
- For Nordic combined, only one (1), the first jump from ski jumping competition is counted.
- K 65 for classes below 60, K 45 for classes over 60.
- Points are collected and converted to time difference for cross country skiing.
- Tracks are of medium difficulty. Skiing distances are:

Age Group as of 1.Jan. 2019 Hill Distance Points/Minute

30-49	HS65	8 km	15
50-59	HS65	6 km	20
60-69	HS45	4 km	25
70-	HS45	2 km	40

Competition starts from oldest age groups. 2 km, 4 km, 6km and will finish by 8 km races.

Team event, ski jumping HS65

- National teams are composed of four (4) competitors, only 2 teams per nation.
- Mixed teams can also participate, but those will compete outside of official competition.
- Team should have one (1) jumper from each following age groups: 30-39 years, 40-49 years, 50-59 years and over 60 years . Athlete can also represent his team in age group younger than athlete's own age.

No team event for Nordic combined. Due to the compressed schedule for the whole event.

Accommodation & transport

For assistance on accommodation, transport and for further information on touristic infrastructure/events please contact:

Accommodation

Tyrifjord Hotell - <https://www.tyrifjord.no/en/> 10 minutes from Vikersund Jumping Center.

E-mail: hotell@tyrifjord.no

Kongsfoss Pensjonat: <http://www.kongsfosspensjonat.no> about 15 minutes from the Vikersund Jumping Center, please contact on e-mail for reservation: post@kongsfosspensjonat.no

Hokksund Camping: <http://www.hokksund-camping.no/en/> about 30 minutes from the Vikersund Jumping Center.

E-mail: booking@hokksund-camping.no

Judge tower K 45: Camping standard, bring your own sleeping bag. First come first serve.

E-mail: skiflyvning@vikersund.no

Transport

OSL Gardermoen Airport: <https://avinor.no/en/airport/oslo-airport/>

Registration

1. First, please register the national team and only the number of competitors latest by the Dec. 15th 2018 to our web site: <https://vikersund.no/imc-2019/>

2. Each competitor needs to register latest by the Jan. 18th 2019 deadline.

Attention: Please be aware that there will be no refund of entry fees, travel, accommodation, etc. cost in case the event cannot take place by bad weather conditions.

Entry fees

Individual ski jumping and Nordic Combined 50 EUR per person/per competition (including training)
Fee payable upon arrival to the hill at the race office by credit card.

The hills are open from Monday 21. Th January – Weather permitting. Please address the availability of jumping hills for training to skiflyvning@vikersund.no

Program

Wednesday 23. January	Training from 11.00 hrs
Thursday 24. January	Training from 10.00 hrs Group 1/From 14.00 hrs Group 2 IMC meeting 1630 hrs Opening ceremony: 18.00 hrs in the hill
Friday 25. January	Training from 10.00 hrs - 14.00 hrs Team Captain meeting (TMC) 15:30 hrs Trial Jumping K45 17:00 hrs 1st round 18:00 hrs 2nd round
Saturday 26. January	Trial Jumping K65 10:00 hrs 1st round 11:00 hrs 2nd round Trial Jumping K105 14:00 hrs 1st round 15:00 hrs 2nd round Banquet and Price giving ceremony 19:00 hrs in the Ski Flying Hall Price EUR 40 includes food and 1 glass with wine/beer.
Sunday 27. January	Team Competition K65 Trial Jumping 10:00 hrs 1st round 11:00 hrs 2nd round Nordic Combined 14:00 hrs on Brunnes cross country arena

Please contact

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Vikersund Ski Jumping center: skiflyvning@vikersund.no